

FOR IMMEDIATE RELEASE

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**Recovery Resources engages with John Carroll University and Cleveland State University
to offer drug and alcohol services to students**

Recovery Resources is pleased to announce a new initiative with John Carroll University and Cleveland State University. As the number of college students engaging in high-risk behaviors, such as binge drinking and drug use, rises across the nation, Recovery Resources has been engaged by John Carroll University and Cleveland State University to work with staff to enhance alcohol and drug education and intervention services to students.

Recovery Resources will work with the universities to provide targeted drug and alcohol education to students using evidence-based curricula and cutting-edge behavioral interventions. In addition to prevention activities, Recovery Resources will provide assessments for students in need of in-depth screening for substance abuse issues, and is working with JCU to develop a social norms campaign to address substance abuse on campus. Research shows that initiatives aimed at reducing alcohol problems among college-age youth have been effective, leading to reductions in underage drinking, alcohol-related assaults and emergency department visits.

According to a report from the National Institute on Alcohol Abuse and Alcoholism (NIAAA), each year, drinking by college students aged 18 to 24 contributes to an estimated 1,700 student deaths, 599,000 injuries and 97,000 cases of sexual assault or date rape.

For more information about behavioral health services for higher education institutions, contact Jennifer Harrison at Recovery Resources, jharrison@recres.org or 216-431-4131 x1117.

John Carroll University, founded in 1886 as Saint Ignatius College, is located in University Heights, Ohio, in suburban Cleveland. The University was renamed in 1923 to honor America's first Catholic Bishop, John Carroll of Maryland. Its Jesuit Catholic mission inspires individuals to excel in learning, leadership, and service in the region and the world. John Carroll University is recognized nationally for an exceptional four-year graduation rate, teaching excellence, and a commitment to living a faith that does justice as central to its mission. John Carroll is one of 28 Jesuit colleges and universities in the United States.

Founded in 1964, Cleveland State University is a public research institution that provides a dynamic setting for engaged learning. With an enrollment of more than 17,000 students, eight colleges and approximately 200 academic programs, CSU was again chosen for 2011 as one of America's Best Colleges by *U.S. News & World Report*.

Recovery Resources has a 55-year history of helping people triumph over mental illness, alcoholism, drug and other addictions in Northeast Ohio. Recovery Resources delivers outpatient mental health and substance abuse prevention and treatment programs in nine locations and touches 13,000 clients annually in Cuyahoga County. To learn more, visit www.recres.org.

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