



RECOVERY RESOURCES  
Partners in health. Partners in hope.

# 2018 Refer to Care



## Emergency & Referral Resources

**Recovery Resources Referral Referral Manager** 216.431.4131, option 3  
216.431.4131, ext. 4210

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### Walk-In-Assessments (WIN) Locations

4269 Pearl Road Cleveland 3950 Chester Avenue Cleveland 14805 Detroit Ave, #200 Lakewood

*Appointments may be scheduled at any location – Lakewood is by appointment only.* 216.431.4131, option 3

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**Warmline Support** 440.886.5950  
Every day, including holidays  
9:00 a.m. – 1:00 a.m.

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**Clients Rights** 216.431.4131 ext. 1172

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**HIV Confidential Testing** 216.400.7939

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**Mobile Crisis Team of Cleveland** 216.623.6888

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**Heroin Project Dawn** 216.623.6888

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**Heroin Hotline** 216.778.5677

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### 24 hour Community Partner Hotlines

**Suicide Prevention/Mental Health Crisis** 216.623.6888

**Drug and Alcohol Abuse** 1.800.587.4232

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Recovery Resources utilizes TDD to provide access to our services for persons with hearing impairments. Interpreters are utilized if necessary. Services are also available to those with limited fluency in English.

All services are provided from staff who meets the qualification and training requirements defined by the Ohio Department of Mental Health and Addiction Services, Rule 5122 of the Administrative Code.

## Locations

**Midtown**  
3950 Chester Ave.  
Cleveland, OH 44114

**Old Brooklyn**  
4269 Pearl Rd.  
Cleveland, OH 44109

**Lakewood**  
14805 Detroit Ave., #200  
Lakewood, OH 44107

**Satellite Location:**  
**City Mission**  
5310 Carnegie Ave.  
Cleveland, OH 44103

### Quick Contact

216-431-4131  
ext. 4210 | [recres.org](https://recres.org)

We accept Medicaid, Medicare, self-pay, and private insurance. We also provide services to individuals who meet the eligibility criteria for financial assistance.

### ACCESS TO CARE

**for more information call 216.431.4131, option 3  
referral manager ext. 4210 | by email [intakereferrals@recres.org](mailto:intakereferrals@recres.org)  
or by fax 216.761.1598**

**Intake & screening services** are provided by phone  
and in person during business hours.

Clients need current photo identification and proof of insurance.

### Walk in Now (WIN)

Intake, addiction and mental health assessments, and linkage to care are provided at:

- 4269 Pearl Rd., Cleveland
- 3950 Chester, Cleveland
- 14805 Detroit Ave., #200, Lakewood by appointment only

Visit [recres.org](https://recres.org) for office hours. Appointments available at all our locations by calling 216-431-4131, option 3 to schedule.

## Group Meetings

### Lakewood:

**14805 Detroit Avenue, #200  
Intensive Outpatient Mental Health  
and Addiction Treatment:**

Monday -Thursday, 9:30am-12:30pm

**Intensive Outpatient Mental Health  
and Addiction Treatment:**

Monday -Thursday, 6:00pm-9:00pm

### Outpatient treatment:

Tuesday and Thursday, 6:00-8:00pm

### Continuing Care:

Monday and Wednesday, 6:00-8:00pm

### Old Brooklyn:

**4269 Pearl Road  
Intensive Outpatient Mental Health  
and Addiction Treatment:**

Monday-Thursday, 9:00am-12:00 p.m.

**Intensive Outpatient Mental Health  
and Addiction Treatment:**

Monday-Thursday, 12:00 p.m.–3:00pm

**Intensive Outpatient MAT/Opiate Specific:**

Monday-Thursday, 1:00 p.m.–4:00pm

### Partial Hospitalization Program:

Mon-Thurs 9:00am-3:00pm

### Continuing Care:

Friday 9:00 p.m. -12:00pm

### Midtown:

**3950 Chester Avenue  
Women and Family Treatment Services:**

Mon-Thurs 9:30am-12:30pm

### Outpatient Treatment:

Tues and Thurs 10:00am-Noon

### Continuing Care:

Mon and Wed 12:30pm-2:30pm

### City Mission:

**5310 Carnegie Avenue, Cleveland  
Intensive Outpatient Treatment:**

Monday-Thursday, 1:00pm-4:00pm

**Clients diagnosed with mental illness  
and substance use disorder needing help  
securing housing:**

Call 216-431-4131, ext. 3322

**Clients needing help finding  
employment:**

Call 216-431-4131, ext. 3307

### Warmline

**Your friend on the other end**

Every day, including holidays

8:00 a.m. to 1:00 a.m.

440-886-5950

**24 Hour Community Partner Hotlines  
Mental Health Crisis**

216-623-6888

### Drug and Alcohol Abuse

1-800-587-4232



## Treatment

### Alcohol, Drug, and Other Addiction Services for people 18 and older

**Intensive Outpatient Treatment** – services include, but are not limited to: individual and group counseling, crisis intervention, drug screening, and case management.

**Women and Family Services Intensive Outpatient Treatment** - designed for women in need of treatment for drug and/or alcohol addiction. Services include group and individual counseling, case management, mental health evaluations, trauma treatment, parenting, nutrition, HIV/STD education and vocational preparation and placement services.

**Non-Intensive Outpatient Treatment** – is available for individuals in need of treatment for alcohol/drug use that is negatively impacting their life. The program consists of group and individual therapy, case management, drug testing, crisis intervention, family education and therapy, as well as linkage to a 12 step-program.

**Medication Assisted Treatment** - MAT is available for clients who meet criteria for opiate use disorder combined with Intensive Outpatient Opiate Specific treatment 4 days each week. Our prescribers use both buprenorphine and naltrexone to treat individuals in the program and individuals receive, medical, counseling, educational, and treatment services, in addition to the prescribed medication. Our MAT program provides a comprehensive, individually tailored program of medication and behavioral therapy. MAT medications relieve the withdrawal symptoms and psychological cravings that cause chemical imbalances in the body. This program provides a safe and controlled level of medication to overcome the use of an abused opioid.

**Case Management** - services are provided for clients participating in outpatient and intensive outpatient treatment services. Case management activities are designed to assist and support clients in gaining access to needed medical, social, educational, and other services essential to meeting basic human needs. Case management services may include interactions with family members, other individuals or entities.

**Partial Hospital Program** - PHP is a time limited, structured 5 day a week program of multiple and intensive psychotherapy and other therapeutic services provided by a multidisciplinary team.

**Gambling** - treatment services are free of charge to both the gambler and their family members. Family treatment can occur in conjunction with or separate from treatment with the gambler.

## Mental Health

**Pharmacological Management** - includes psychiatric evaluation, prescription and supervision of medication, medication injections, and medical interventions.

**Behavioral Health Counseling** - insight-oriented and solution-focused counseling is provided by licensed clinicians to individuals and groups.

**Community Psychiatric Supportive Treatment: (CPST)** – CPST Specialists provide referrals, linkage to care, and advocacy for clients diagnosed with severe mental illness. Psychiatric Supportive Treatment is also offered in group settings with topics such as anger management, coping skills, and emotion regulations.

## Dual Diagnosis

**Mentally Ill/Chemically Addicted Intensive Outpatient Treatment** -Services to individuals who are dually diagnosed with a serious mental illness and a substance use disorder, when their mental illness is their primary diagnosis.

**Chemically Addicted/Mentally Ill Intensive Outpatient Treatment** - Services to individuals who are dually diagnosed with a serious mental illness and a substance use disorder, when the addiction is the primary diagnosis and presenting problem.

### Quick Contact

216-431-4131

ext. 4210 | [recres.org](http://recres.org)

## Integrated Care

Recovery Resources provides Integrated Behavioral and Primary Health Care in partnership with MetroHealth to address clients whole health needs. Clients with a severe mental health diagnosis are eligible and clients with a significant chronic illness are encouraged to participate. Integrated Care Services include a licensed professional to help assist in communication and coordination between primary and behavioral health providers; periodic monitoring of physical health markers; participation in nutrition and exercise groups; and on-site primary and dental care.

## Criminal Justice/Conditional Release

**Conditional Release Unit** - a highly specialized unit providing a range of services to persons found not guilty by reason of insanity (NGRI) or incompetent to stand trial. These services include assessment, community psychiatric supportive treatment, counseling, and pharmacologic management services. Referrals accepted through the state psychiatric hospital and the Cuyahoga County Justice Center.

**Parole Assertive Community Treatment** - an intensive case management program serving severely mentally ill offenders who have been released on parole and who are referred by the Department of Rehabilitation and Corrections.

**Forensic Liaison Program** - Assists with early identification of mentally ill offenders in the county and municipal court systems and provides assessment, referral and linkage services for offenders who are eligible for release.

**Mental Health/Developmental Disability (MHDD) Program** - The MHDD Program provides community psychiatric supportive treatment, counseling, and pharmacologic management services for mentally ill probationers referred by the Cuyahoga County Court of Common Pleas.

**Comprehensive Reentry Services** - Men and women in the County Jail participate in programs that work on issues including addictions, coping strategies, positive decision making, literacy, and employment prior to release.



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