



2019 | Refer to Behavioral Health Care



Emergency & Refer to Care Resources

MetroHealth/Recovery Resources Referral Referral Manager 216.431.4131, option 3
216.431.4131, ext. 4210

Walk-In-Now Assessments (WIN) locations

Midtown 3950 Chester Avenue Cleveland	Old Brooklyn 4269 Pearl Road Cleveland	MetroHealth Main Campus 2500 MetroHealth Drive Cleveland
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Appointments may be scheduled at any location – Lakewood is by appointment only. 14805 Detroit Avenue #200
216.431.4131, option 3

Warmline Support 440.886.5950
Every day, including holidays
9:00 a.m. – 1:00 a.m.

Clients Rights 216.431.4131 ext. 1172

HIV Confidential Testing 216.400.7939

Mobile Crisis Team of Cleveland 216.623.6888

Heroin Project Dawn 216.778.5677

24 hour Community Partner Hotlines

Suicide Prevention/Mental Health Crisis 216.623.6888

Drug and Alcohol Abuse 1.800.587.4232

Recovery Resources utilizes TDD to provide access to our services for persons with hearing impairments. Interpreters are utilized if necessary. Services are also available to those with limited fluency in English.

All services are provided from staff who meets the qualification and training requirements defined by the Ohio Department of Mental Health and Addiction Services, Rule 5122 of the Administrative Code.

Locations



Midtown
3950 Chester Ave.
Cleveland, OH 44114

Old Brooklyn
4269 Pearl Rd.
Cleveland, OH 44109

Lakewood
14805 Detroit Ave., #200
Lakewood, OH 44107

Quick Contact

216.431.4131
ext. 4210 | recres.org

MetroHealth Main Campus
2500 MetroHealth Drive
Main Towers Entrance
Elevator C | 8th Floor

We accept Medicaid, Medicare, self-pay, and private insurance. We also provide services to individuals who meet the eligibility criteria for financial assistance.

ACCESS TO CARE

for more information call 216.431.4131, option 3
referral manager ext. 4210 | by email intakereferrals@recres.org
or by fax 216.761.1598

Intake & screening services are provided by phone
and in person during business hours.
Clients need current photo identification and proof of insurance.

Walk-In-Now (WIN) Assessments

Intake, addiction and mental health assessments, and linkage to care are provided at:

- 4269 Pearl Rd., Cleveland
- 3950 Chester, Cleveland
- 2500 MetroHealth Dr., Cleveland | Main Towers Entrance, Elevator C, 8th Floor
- By appointment only
14805 Detroit Avenue, #200, Lakewood

Visit recres.org for office hours. Appointments available at all our locations by calling 216.431.4131, option 3 to schedule.

Group Meetings

Lakewood:

**14805 Detroit Avenue, #200
Intensive Outpatient Mental Health
and Addiction Treatment:**

Monday -Thursday, 9:30am - 12:30pm

**Intensive Outpatient Mental Health
and Addiction Treatment:**

Monday -Thursday, 6:00pm - 9:00pm

Outpatient treatment:

Tuesday and Thursday 1:30pm - 3:30pm

Tuesday and Thursday 6:00pm - 8:00pm

Continuing Care:

Monday and Wednesday 1:00pm - 3:00 pm

Monday and Wednesday 6:00pm - 8:00 pm

Old Brooklyn:

4269 Pearl Road

**Intensive Outpatient Mental Health
and Addiction Treatment:**

Monday-Thursday, 9:00am - 12:00pm

**Intensive Outpatient Mental Health
and Addiction Treatment:**

Monday-Thursday, 12:00pm - 3:00pm

Intensive Outpatient MAT/Opiate Specific:

Monday-Thursday, 1:00pm - 4:00pm

Partial Hospitalization Program:

Mon-Thurs 9:00am - 3:00pm

Continuing Care:

Tuesday and Thursday 12:00pm - 2:00pm

Midtown:

3950 Chester Avenue

Women's Intensive Outpatient:

Mon-Thurs 9:30am - 12:30pm

Outpatient Treatment:

Monday and Wednesday 10:00am - 12:00pm

Women's Continuing Care:

Monday through Wednesday 1:30pm - 3:30pm

City Mission:

5310 Carnegie Avenue, Cleveland

Intensive Outpatient Treatment:

Monday-Thursday, 1:00pm - 4:00pm

**Clients diagnosed with mental illness
and substance use disorder needing help
securing housing:**

Call 216.431.4131, ext. 3322

**Clients needing help finding
employment:**

Call 216.431.4131, ext. 3307

Warmline

Your friend on the other end

Every day, including holidays

8:00 a.m. to 1:00 a.m.

440.886.5950

**24 Hour Community Partner Hotlines
Mental Health Crisis**

216-623-6888

Drug and Alcohol Abuse

1.800.587.4232



Treatment

Alcohol, Drug, and Other Addiction Services for people 18 and older

Intensive Outpatient Treatment – services include, but are not limited to: individual and group counseling, crisis intervention, drug screening, and case management.

Women's Intensive Outpatient Treatment - designed for women in need of treatment for drug and/or alcohol addiction. Services include group and individual counseling, case management, mental health evaluations, trauma treatment, parenting, nutrition, HIV/STD education and vocational preparation and placement services.

Non-Intensive Outpatient Treatment – is available for individuals in need of treatment for alcohol/drug use that is negatively impacting their life. The program consists of group and individual therapy, case management, drug testing, crisis intervention, family education and therapy, as well as linkage to a 12 step-program.

Medication Assisted Treatment - MAT is available for clients who meet criteria for opiate use disorder combined with Intensive Outpatient Opiate Specific treatment 4 days each week. Our prescribers use both buprenorphine and naltrexone to treat individuals in the program and individuals receive, medical, counseling, educational, and treatment services, in addition to the prescribed medication. Our MAT program provides a comprehensive, individually tailored program of medication and behavioral therapy. MAT medications relieve the withdrawal symptoms and psychological cravings that cause chemical imbalances in the body. This program provides a safe and controlled level of medication to overcome the use of an abused opioid.

Case Management - services are provided for clients participating in outpatient and intensive outpatient treatment services. Case management activities are designed to assist and support clients in gaining access to needed medical, social, educational, and other services essential to meeting basic human needs. Case management services may include interactions with family members, other individuals or entities.

Partial Hospital Program - PHP is a time limited, structured 5 day a week program of multiple and intensive psychotherapy and other therapeutic services provided by a multidisciplinary team.

Gambling - treatment services are free of charge to both the gambler and their family members. Family treatment can occur in conjunction with or separate from treatment with the gambler.

Mental Health

Pharmacological Management - includes psychiatric evaluation, prescription and supervision of medication, medication injections, and medical interventions.

Behavioral Health Counseling - insight-oriented and solution-focused counseling is provided by licensed clinicians to individuals and groups.

Community Psychiatric Supportive Treatment: (CPST) – CPST Specialists provide referrals, linkage to care, and advocacy for clients diagnosed with severe mental illness. Psychiatric Supportive Treatment is also offered in group settings with topics such as anger management, coping skills, and emotion regulations.

Dual Diagnosis

Mentally Ill/Chemically Addicted Intensive Outpatient Treatment -Services to individuals who are dually diagnosed with a serious mental illness and a substance use disorder, when their mental illness is their primary diagnosis.

Chemically Addicted/Mentally Ill Intensive Outpatient Treatment - Services to individuals who are dually diagnosed with a serious mental illness and a substance use disorder, when the addiction is the primary diagnosis and presenting problem.

Integrated Care | MetroHealth Services

Recovery Resources provides integrated behavioral and primary health care in partnership with MetroHealth to address clients’ comprehensive health needs. This is especially helpful and recommended for clients with a severe mental health diagnosis or clients with a significant chronic illness. Integrated care services include a licensed professional to assist in communication and coordination between primary and behavioral health providers; periodic monitoring of physical health markers; participation in nutrition and exercise groups; and on-site primary care and dental services.

Criminal Justice/Conditional Release

Conditional Release Unit - a highly specialized unit providing a range of services to persons found not guilty by reason of insanity (NGRI) or incompetent to stand trial. These services include assessment, community psychiatric supportive treatment, counseling, and pharmacologic management services. Referrals accepted through the state psychiatric hospital and the Cuyahoga County Justice Center.

Parole Assertive Community Treatment - an intensive case management program serving severely mentally ill offenders who have been released on parole and who are referred by the Department of Rehabilitation and Corrections.

Forensic Liaison Program - Assists with early identification of mentally ill offenders in the county and municipal court systems and provides assessment, referral and linkage services for offenders who are eligible for release.

Mental Health/Developmental Disability (MHDD) Program - The MHDD Program provides community psychiatric supportive treatment, counseling, and pharmacologic management services for mentally ill probationers referred by the Cuyahoga County Court of Common Pleas.

Comprehensive Reentry Services - Men and women in the County Jail participate in programs that work on issues including addictions, coping strategies, positive decision making, and anger management.

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