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Kevin Beaver, MA

Kevin serves as the Account Manager & Trainer for Assist NOW, and coordinates the training and education efforts for Recovery Resources’ Training Institute. Kevin is a certified Mental Health First Aid instructor and QPR Suicide Prevention certified trainer.

Karen Hutchings, LPCC-S

Karen, by day, is the Access to Care Manager for Recovery Resources and supervises the Assist NOW Employee Assistance Program (EAP) counselors. She also enjoys facilitating trainings for EAP companies and for professionals in need of continuing education credits.

Ayme McCain, MSSA, LSW, OCPC

Ayme has more than 20 years of experience working in the social services field focusing on behavioral health treatment and wellness. She serves as a therapist for Assist NOW and has a passion for helping others realize a better quality of life.

Amanda French, MA-AT, LPCC-S, LICDC

Amanda has been practicing community mental health for the past 11 years. She is currently a Clinical Supervisor at Recovery Resources. Amanda joined the Training Institute team last year and has lead the Clinical Competencies and Ethics trainings, along with co-developing the Trauma Informed Care Training series.
Clinical Supervision Series

Management & Administrative Aspects of Clinical Supervision
Trainer: Karen Hutchings, LPCC-S
6 supervision CEUs for counselors, social workers and chemical dependency professionals

This training will aid in developing appropriate processes and procedures related to management and administrative aspects of clinical supervision. Participants will practice appropriate documentation, reporting processes, and supervision skills that will enhance the ability to engage in the management and administrative aspects of clinical supervision.

September 10 & 11 | 9:00am - 12:00pm
Online Webinar
REGISTER HERE

Legal, Ethical and Professional Responsibilities Related to Clinical Supervision
Trainer: Karen Hutchings, LPCC-S
6 supervision CEUs for counselors, social workers and chemical dependency professionals

This training includes a review of the legal and ethical issues associated with clinical supervision. Participants will learn the rules, laws, and ethics associated with the responsibility of clinical supervision.

October 15 & 16 | 9:00am - 12:00pm
Online Webinar
REGISTER HERE
Cultural Humility Series

Building Cultural Humility to Address Unconscious Biases & Microaggressions
Trainer: Ayme McCain, MSSA, LSW, OCPC
3 CEUs for counselors, social workers and chemical dependency professionals

This training will help all people who hold unconscious biases and perpetrate microaggressions, which are often incongruent with their consciously held values and beliefs. During this training, we will explore the concepts of unconscious bias and microaggressions and lay the groundwork for a practice of cultural humility.

October 9 | 9:00am - 12:15pm
Online Webinar
REGISTER HERE

Clinical Considerations for Serving the LGBTQ Community
Trainer: Ayme McCain, MSSA, LSW, OCPC
3 CEUs for counselors, social workers and chemical dependency professionals

We have an ethical obligation to build competency in working effectively with various populations. As a hidden minority, the LGBTQ population can be a mystery for many professionals. In this training, you will gain a better understanding of the LGBTQ culture, specific issues this population faces, and learn ways to create a therapeutic safe space for this at-risk population to be who they are and feel accepted in addressing whatever issues are relevant for them. No topics are off limits in this presentation and open discussion so that professionals can increase feelings of comfort and competence in addressing the wide variety of issues the LGBTQ population come to us for help.

November 13 | 9:00am - 12:15pm
Online Webinar
REGISTER HERE
Fall Clinical Series

Responding to Suicidal Ideation & Intent

Trainer: Kevin Beaver
3 CEUs for counselors, social workers and chemical dependency professionals

This training provides an overview of local and national statistics related to suicide. Participants will receive the “Question, Persuade, Refer” certification after completing this course. This training provides effective strategies to response to a person expressing suicidal thoughts or intentions.

September 25 | 9:00am - 12:15pm
Online Webinar
REGISTER HERE

November 20 | 9:00am - 12:15pm
Online Webinar
REGISTER HERE

Practical Application of Ethics in Clinical Practice

Trainer: Amanda French, MA-AT, LPCC-S, LICDC
3 CEUs for counselors, social workers and chemical dependency professionals

This training will discuss several avenues of ethics in clinical practice. Participants will be provided with relevant codes of ethics pertaining to their clinical licensure, and will have the opportunity to discuss and process several cases with a group of licensed professionals.

November 6 | 9:00am - 12:15pm
Online Webinar
REGISTER HERE
Fall Clinical Series

The American Society of Addiction Medicine Criteria and its Role in Behavioral Healthcare

Trainer: Karen Hutchings, LPCC-S

3 CEUs for counselors, social workers and chemical dependency professionals

In this training, clinicians will learn best practices for the utilization of the ASAM Criteria and its relevance throughout the treatment continuum. Attendees will use the criteria to work through a comprehensive multidimensional assessment and person-centered treatment plan.

December 11 | 9:00am - 12:15pm
Online Webinar
REGISTER HERE

Community Education Series

Mental Health First Aid (MHFA)

Trainer: Kevin Beaver

This training includes a two-hour online self-paced course followed by four hours of instructor led training delivered virtually through our learning management system. MHFA teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps to identify, understand, and respond to signs of mental illnesses and substance use disorders. Our nationally certified trainers teach a five-step action plan that will help you assess a situation, implement appropriate interventions, and help the person connect with professional care. A three-year certification in MHFA is available upon completion of the online course and one-day virtual course.

October 9 | 9:00am - 1:00pm
Online Webinar
REGISTER HERE

December 4 | 9:00am - 1:00pm
Online Webinar
REGISTER HERE
Managing Successfully Series

Fostering Employee Engagement
Trainer: Kevin Beaver

Surveys report that supervisors account for 70% of the variance in employee engagement. 30% are highly engaged, 50% engaged, and 20% not engaged. Employees are engaged when they are surrounded by meaningful relationships – this starts with leadership. Through this training, you will learn key principles of employee engagement.

December 15 | 9:00 - 10:30am
Online Webinar
REGISTER HERE

Successful Workplace Change Management
Trainer: Kevin Beaver

All organizations must adapt to changes in the environment, which can lead to stress and disengagement among employees. Through this training, you will explore how to talk about why change happens, how to overcome obstacles, strategies for successful change and frameworks for change.

September 15 | 9:00 - 10:30am
Online Webinar
REGISTER HERE
Managing Successfully Series

Managing Difficult Employees
Trainer: Kevin Beaver

During this training, participants will learn and explore skills in managing performance among difficult employees. The training will explore nine types of difficult employees, how to build mutual trust, provide effective feedback and understand reasons for performance gaps.

October 20 | 9:00 - 10:30am
Online Webinar
REGISTER HERE

Emotional Intelligence & Enhancing Leadership Performance
Trainer: Kevin Beaver

Emotional intelligence is the ability to manage one’s own emotions as well as the emotions of others. These skills are critical in creating productive and engaged workplaces. Through this training, you will learn about the concepts of emotional intelligence and strategies to build these skills among your supervisors and employees.

November 17 | 9:00 - 10:30am
Online Webinar
REGISTER HERE