Clinical Trainings

2016 Clinical Supervision Series

This series offers a total of 24 clinical supervision CEUs, which meets the requirements for applying for a supervision counselor designation. The series includes four six-hour trainings once per month for four months. All four trainings in this series will be offered at Recovery Resources Old Brooklyn campus, located at 4269 Pearl Road, Cleveland. Free parking is available at this location.

Participants can sign up for the entire series or just one of the courses a la carte. The cost is a discounted $300 to register for the entire series. Please click here to be taken to the registration page to register for all four courses.

To be taken to the link to register for an individual class, please click on the date. Each individual course costs $90.

Clinical Supervision Series: Individual Classes

1. Management and Administrative Aspects of Clinical Supervision  
   Date & Time: October 13, 2016 from 9 am—4 pm  
   Register here!

2. Using Assessment and Evaluation Tools for Effective Clinical Supervision  
   Date & Time: October 21, 2016 from 9 am—4 pm  
   Register here!

3. Attending to Counselor Development within the Clinical Supervision Relationship  
   Date & Time: November 9, 2016 from 9 am—4 pm  
   Register here!

4. Legal, Ethical and Professional Responsibilities related to Clinical Supervision  
   Date & Time: December 9, 2016 from 9 am—4 pm  
   Register here!

Motivational Interviewing with Substance Using Populations

Date & Time: August 12, 2016 from 1—4:15  
Location: Old Brooklyn  
Cost: $40  
Register here!

Motivational Interviewing (MI) is a goal-oriented, client-centered counseling style for eliciting behavior change by helping clients to explore and resolve ambivalence. MI is a core component of evidence-based practices, emerging best practices, and clinical competencies for many protocols designed to engage individuals using and addicted to drugs and alcohol.
Clinical Trainings, Cont’d.

**Utilizing Motivational Interviewing in the Treatment of Gambling Disorder**

Date & Time: September 13, 2016 from 1—4:15  
Location: Old Brooklyn  
Cost: $40  
Register here!

Motivational Interviewing is best practice in the treatment of disordered gambling. Participants will explore and practice the application of Motivational Interviewing within the context of treating the disordered gambler.

**Understanding the Unique Needs and Experiences of Transgender Men**

Date & Time: September 27, 2016 from 1—4:15  
Location: Old Brooklyn  
Cost: $40  
Register here!

While the visibility of transgender people is increasing in popular culture and daily life, people still face severe discrimination, stigma and systemic inequality. Little is often known or understood related to transgender men. This training will provide attendees with the ability to enhance their knowledge related to serving transgender men.

**Practical Application of Solution Focused Brief Therapy in Behavioral Health**

Date & Time: October 6, 2016 from 1—4:15  
Location: Midtown  
Cost: $40  
Register here!

Solution Focused Brief Therapy (SFBT) is a practical, goal-driven model with an emphasis on clear, concise, realistic goal negotiations. The SFBT approach assumes that all clients have some knowledge of what would make their life better, even though they may need some help implementing the solution.

**Building LGBT Cultural Competence**

Date & Time: October 13, 2016 from 1—4:15  
Location: Old Brooklyn  
Cost: $40  
Register here!

This training will aid attendees in developing a deep understanding of the unique challenges and experiences of LGBT populations. There will be a special focus on African American men who sleep with men, transgender women of color, and masculine lesbian women.
Clinical Trainings, Cont’d.

**HIV and the Professional Helper**

Date & Time: December 7, 2016 from 1—4:15  
Location: Midtown  
Cost: $40  
[Register here!]

This training will introduce professional helpers such as case managers, counselors, and social workers to key information related to HIV/AIDS prevention and treatment. Participants will learn motivational interviewing skills associated with risk reduction conversations.

**Mental Health First Aid**

Although you may be trained in CPR and First Aid, you’re much more likely to encounter someone experiencing a mental health crisis than someone having a heart attack.

What if you could help? Mental Health First Aid (MHFA) is a national public education program, similar to CPR and First Aid, that helps members of the public identify, understand, and respond to signs of mental illness and substance use disorders.

Our nationally certified trainers will teach you a five-step action plan that will teach you to assess a situation, implement appropriate interventions, and help the person connect with professional care.

Cost of the training is $150. If you are registering five or more people to attend, you will receive a discount at $125/person! Please contact Linda to receive the discount. Refunds will not be made. Contact Linda Millsap-Poole at 216-431-4131, ext. 1174 or via e-mail at lmillsap-poole@recres.org for questions.

This training will be split into two half days and participants must attend both days in full in order to receive the national certification.

**Fall MHFA**

Date & Time: August 25 & 26, 2016  
from 9 am—1:30 pm  
Location: Midtown  
[Register here!]

**Winter MHFA**

Date & Time: December 1 & 2, 2016  
from 9 am—1:30 pm  
Location: Old Brooklyn  
[Register here!]
Prevention Series Trainings

Unlocking Community Power: Community Organization for Prevention Professionals

Date & Time: September 30, 2016 from 1—4:15 pm
Location: Midtown
Cost: $40
Register here!

Successful prevention programs actively engage the community they aim to serve. In this training we will explore strategies to effectively mobilize community members in prevention efforts. This includes community assessment, community organizing, community coalitions, and partnership management. This program is developed to prepare candidates for the IC&RC Prevention Specialist Examination and focuses the community organization performance domain.

I Only Smoke Marijuana

Date & Time: October 7, 2016 from 9:00 am—12:15 pm
Location: Midtown
Cost: $40
Register here!

Current research on implications of legalization, short and long term effect, new innovations impacting use and helping your audiences separate facts from myth and hype.

There is Power in Prevention

Date & Time: October 14, 2016 from 9:00 am-12:15 PM
Location: Midtown
Cost: $40.00
Register here!

This workshop will focus on identifying some of the factors that put youth in our communities at greater risk of using or abusing alcohol and other drugs while placing a strong emphasis on how we can offset those risks by increasing protective factors that help youth avoid the initiation into alcohol, and other drug use. The presentation will also include current drug trends on youth drug use.

Ethics for the Prevention Specialist: Creating a Chain of Trust

Date & Time: October 28, 2016 from 1—4:15 pm
Location: Midtown
Cost: $40.00
Register here!

Though not working in a treatment capacity, professionals in the prevention field must comply with certain standards and requirements. The ethics of prevention put forth a set of principles for us to follow in our everyday community outreach and educational practices.
Please be sure to check out our website via the following link frequently for added trainings throughout the year:
http://www.recres.org/Trainings

For any questions, please contact Linda Millsap-Poole at lmillsap-poole@recres.org or 216-431-4131, x1174.